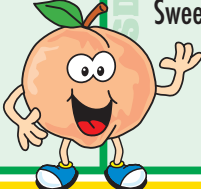













# TRI-VALLEY HIGH SCHOOL 2022-2023 Menu



MENU #1	MENU #2	MENU #3	MENU #4
<b>MONDAY</b> Chicken Patty Sandwich Green Beans Fruit Milk 	<b>TUESDAY</b> Cheeseburger Dill Pickles Sweet Potato Fries Fruit Milk 	<b>WEDNESDAY</b> Popcorn Chicken Whipped Potatoes, Corn, Gravy, Cheese Dinner Roll w/Margarine Fruit, Milk 	<b>THURSDAY</b> Chicken Quesadilla Baked Beans Fruit Milk 
<b>MONDAY</b> Pork Rib Sandwich Bun Roasted Potatoes Fruit Milk 	<b>TUESDAY</b> Chicken Noodles Whipped Potatoes Dinner Roll w/Margarine Mixed Veggies Fruit Milk 	<b>WEDNESDAY</b> Taco Meat, Cheese Refried Beans, Lettuce, Nacho Chips Taco Sauce, Sour Cream Fruit Milk 	<b>THURSDAY</b> Chicken Tenders Carrots GoGurt Yogurt Dinner Roll w/Margarine Fruit, Milk 
<b>MONDAY</b> Popcorn Chicken Whipped Potatoes Corn, Gravy, Cheese Dinner Roll w/Margarine Fruit, Milk 	<b>TUESDAY</b> Cheeseburger Dill Pickles Tater Tots Carrots Fruit Milk 	<b>WEDNESDAY</b> Pulled Pork Sandwich Mac & Cheese Baked Beans Fruit Milk 	<b>THURSDAY</b> Spicy Chicken Sandwich Broccoli/Cheese Fruit Milk 
<b>MONDAY</b> Popcorn Chicken French Fries Carrots/Celery Sticks Dip Fruit Milk 	<b>TUESDAY</b> Chicken Alfredo Breadstick Broccoli Fruit Milk 	<b>WEDNESDAY</b> Pepperoni Calzone Green Beans Fruit Milk 	<b>THURSDAY</b> Brunch for Lunch French Toast, Syrup Sausage Links Hash Brown Blueberry Muffin Orange Juice, Milk 
<b>FRIDAY</b> Pizza Sticks w/Dipping Sauce Romaine Salad Mix Fruit Milk 	<b>FRIDAY</b> Pepperoni Pizza Green Beans Fruit Milk 	<b>FRIDAY</b> Pizza Sticks w/Dipping Sauce Sweet Potato Fries Green Beans Fruit Milk 	<b>FRIDAY</b> Pepperoni Pizza Succotash Carrot Snax Fruit Milk 

**LUNCH PRICES**  
 High School:  
 \$2.35/ Reduced \$ .40  
 Extra Milk: \$ .30  
**BREAKFAST:**  
 \$1.25/ Reduced \$ .30  
*Menu is subject to change!*



- Breakfast is offered each day and includes a variety of hot/cold items, Juice/Milk
- All hot and cold ala carte items include a serving of fruit, vegetable, grain and milk as a meal option.
- Parents are encouraged to prepay meals with cash, check or online with PaySchools Central using Debit/CC. <https://payschoolscentral.com/>
- PaySchools mobile app can be found on the Apple App Store or Google Play.
- Information on the daily menu or meal account balances, call (740)754-4050, Option 6.
- Free & Reduced applications are available at any school office or the school district website. For more information, please call the food service department at (740) 754-1442.

[www.tvschools.org](http://www.tvschools.org)

Follow the menu with its calendar day. Each week is represented by a color and represents a 4-week cycle menu.

This institution is an equal opportunity provider.

AUGUST 2022	SEPTEMBER 2022	OCTOBER 2022	NOVEMBER 2022	DECEMBER 2022	JANUARY 2023	FEBRUARY 2023	MARCH 2023	APRIL 2023	MAY 2023
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
1 2 3 4 5 6	1 2 3	2 3 4 5 6 7 8	1 2 3 4 5	1 2 3	1 2 3 4 5 6 7	1 2 3 4	1 2 3 4	1	1 2 3 4 5 6
7 8 9 10 11 12 13	4 5 6 7 8 9 10	9 10 11 12 13 14 15	6 7 8 9 10 11 12	4 5 6 7 8 9 10	8 9 10 11 12 13 14	5 6 7 8 9 10 11	5 6 7 8 9 10 11	2 3 4 5 6 7 8	7 8 9 10 11 12 13
14 15 16 17 18 19 20	11 12 13 14 15 16 17	16 17 18 19 20 21 22	13 14 15 16 17 18 19	11 12 13 14 15 16 17	15 16 17 18 19 20 21	12 13 14 15 16 17 18	12 13 14 15 16 17 18	9 10 11 12 13 14 15	14 15 16 17 18 19 20
21 22 23 24 25 26 27	18 19 20 21 22 23 24	23 24 25 26 27 28 29	20 21 22 23 24 25 26	18 19 20 21 22 23 24	22 23 24 25 26 27 28	19 20 21 22 23 24 25	19 20 21 22 23 24 25	16 17 18 19 20 21 22	21 22 23 24 25 26 27
28 29 30 31	25 26 27 28 29 30	30 31	27 28 29 30	25 26 27 28 29 30 31	29 30 31	26 27 28	26 27 28 29 30 31	23 24 25 26 27 28 29	28 29 30 31